

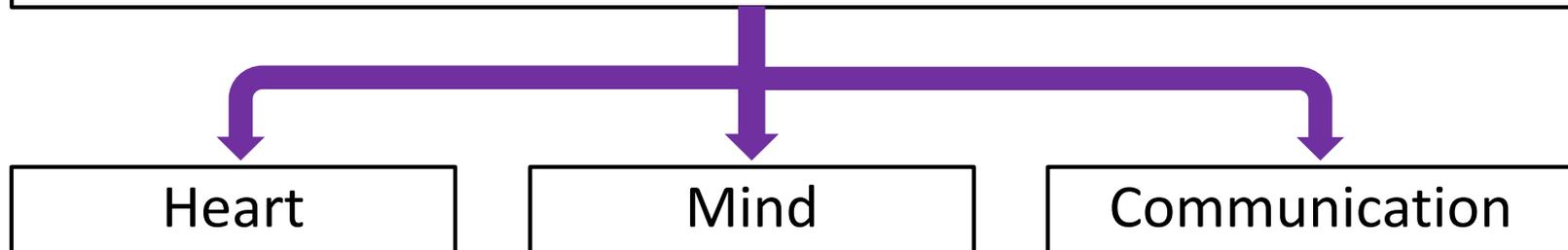
Word of the Week

Week beginning Monday 1st April, 2019.



Building the Vision.

To achieve academic excellence, develop character, and raise aspirations for all at Castle Hall Academy



Heart, Mind and Communication:



The Words of the Week for the next 5 weeks are going to reflect the 5 Rs that form the backbone of Castle Hall Academy's visions and values: Respect, Responsibility, Reasoning, Resilience and Reflection.

The 5 Rs represent the qualities and personality traits that we would like all of our students, along with their parents and the school's staff, to develop and consciously think about in their day-to-day lives.

Resilience

noun

The capacity to recover quickly from difficulties; toughness.

In the News:



Article adapted from the ABC News Website: 24th March, 2019.

Luke Skywalker congratulates boy on his BB-8-inspired prosthetic arm

An 11-year-old Star Wars superfan got a special message from Luke Skywalker congratulating him on his new BB-8-inspired prosthetic arm.

Cameron Miller, 11, from Ireland, was surprised with the custom-built Star Wars arm from the U.K. based prosthetic company Open Bionics.

In video posted to the company's Twitter account, Cameron says he was "really super, super happy" when he saw his new arm resembled the beloved droid BB-8 from the galaxy far, far away.

Actor Mark Hamill, who played Luke Skywalker in the hit film series, himself then responded to the video, congratulating Cameron for his "really cool bionic Hero Arm." Hamill was among many Twitter users who were quick to praise both Open Bionics technology and Cameron's own **resilience**.

Last year, Hamill worked with Open Bionics to record a message for children with limb differences. He said: "Remember, Luke lost his hand to Vader but that didn't stop him from defeating the Empire. So have courage, be determined, (and resilient) and always remember that your limb difference is your very own superpower. May the Force be with you all."

Discuss and Debate -



- If you get chance, have a look at some of the My Life blogs/vlogs put together by CBBC.
- The My Life documentary series follows the highs and lows of children across the world each with a unique story to tell.
- Many of them detail the very personal insight into the **resilience** of young people from around the world and demonstrate their toughness in dealing with very difficult situations and their capacity to live their lives positively.
- Discuss the different challenges that they face and how they show **resilience**. How would you cope in a similar situation?

Resilience at CHA:



Challenge: Do you think we could put together our own 'My Life' series? There must be students at Castle Hall who have to show great **resilience** in the face of some extreme difficulties in their lives.

Would you be willing to share these with others? Perhaps it might help other people understand you more and have more empathy with your life or the lives of young people today.

If you think you could produce a similar vlog, speak to your form tutor or Mr. Ketteringham and we will discuss the best way of recording and using these.