

Performance - PE

The learning and undertaking of physical education contribute to achievement of the curriculum aims for all young people to become:

- Successful learners who enjoy making progress and achieving.
- Confident individuals who are able to live safe, healthy lives.
- Responsible citizens who make a positive contribution to society

At Castle Hall, PE develops students' confidence to take part in a wide range of physical activities in and out of the academy. The high quality curriculum enables all students to enjoy and succeed in many kinds of physical activity. The students will develop a wide range of skills, and the ability to use tactics, strategies and compositional ideas to perform successfully. In lessons, they are encouraged to analyse performance and make decisions, also developing strategies to improve their own performance or that of others. As a result, they discover the confidence to participate in physical activities and learn about the value of a healthy active lifestyle

PE helps the students develop personally and socially. They work as individuals or in teams and develop concepts of fairness and social responsibility. They take on different roles including those of coaches and officials. Through a range of PE experiences, they learn how to be effective in competitive, creative and challenging situations.

KS3 Activities all students have two 55minute lessons per week. During the 2 years they will have blocks of lessons on the following:

Boys – Football, Rugby, Cricket, Athletics, Handball, Table Tennis, Gymnastics, Health Related Fitness, Basketball, Sport Education,

Girls – Netball, Tag Rugby, Football, Gymnastics, Dance, Rounders, Cricket, Athletics and Health Related Fitness, Basketball,

KS4 Activities all students have one 55 minute lesson per week. All the sports above will be revisited and the additional activities will also be part of the curriculum.

Boys – Australian Rules football and Softball

Girls – Softball

Option PE - the current course offered is BTEC Technical Award in Sport. It consists of 3 units:

Unit 1 (30%) – Understanding the body and the support in Technology for sport and activity (COURSEWORK)

Unit 2 (40%) – Principles of training, Nutrition and Psychology (EXAM 70 marks)

Unit 3 (30%) – Applying the principles of sport and activity. (SYNOPTIC COURSEWORK practical and research based)

Performance - Music

Music is a powerful, unique form of communication that can change the way young people think, feel and act. It brings together intellect and imagination and enables personal expression, reflection and emotional development. Music education at Castle Hall Academy aims to develop students' ability to appreciate, compose and perform a wide variety of music.

Units of work in KS3 include:

Year 7

- Rhythm work on Blue Bins
- Singing
- Major and minor chords and accompaniment styles

- Elements of Music
- Reggae

Year 8

- Musicals
- Medley and Mash Ups
- Fusion/ Bhangra

Year 9

- Film Music
- Music History
- Mood and Atmosphere

At KS4 we follow the BTEC Tech Award in Music Practice.

Is it an exciting course with lots of practical opportunities and learning about the music industry. The 3 components focus on the assessment of knowledge, skills and practices.

Component Number	Component Title	How It Is Assessed
1	Exploring Music Products and Styles	Internal
2	Music Skills Development	Internal
3	Responding to a Commercial Music Brief	External

Instrumental lessons - We have visiting instrumentalist teachers from Musica Kirklees including:

- Brass lessons
- Piano lessons
- Woodwind lessons
- Percussion lessons
- Guitar lessons

There are also opportunities to join music extra-curricular activities over the year.

Performance – Drama and Performing Arts

Students at Castle Hall benefit from Drama through developing their ability to use voice, movement, gesture and facial expression within a range of practical role playing activities.

Students are given opportunities to express and manage their thoughts and feelings, responding to a wide range of issues and situations.

Students work in a safe and controlled environment where they can respond to, express and explore ideas and concepts that will help them to make sense of the world we live in. The development of these skills encourages self-confidence and self-awareness. It promotes the development of the individual in a group context: roles and ideas are negotiated, problems solved and decisions made together. Drama often leads to a performance and creates opportunities for students to demonstrate their understanding as well as promoting deeper levels of analysis, as they evaluate the work of others.

Drama is a subject that helps to develop transferable skills such as negotiation, resilience, teamwork, cooperation, self-confidence and public speaking.

Schemes of work at Key Stage 3 include:

Introduction to Drama – key skills
Mime
Superheroes
Character Creation
Shakespeare
Twisted Tales
Homelessness
Persecution

Drama at Key Stage 4

At Key Stage 4 we offer students the opportunity to study the BTEC Tech Award in Performing Arts.

This is delivered in 3 components over two years.

Component 1

This offers students the opportunity to explore performance styles, creative intentions and purpose of performance.

Component 2

Students develop performance skills and techniques by reproducing existing performances

Component 3

Students pull together all they have learned and apply their knowledge in a performance

Health - Health & Social Care

What does this subject involve?

Health and Social Care allows students to explore and develop their knowledge in the processes of Health and Social Care. Health and Social Care encourages students to understand aspects of personal development across all ages. Pupils will develop knowledge on early years, abuse and neglect and discover ways to help and support clients.

Why should I choose this subject?

Choosing this course will help you to develop and extend your knowledge on human development, coping with life events and job roles and skills of Health and Social Care Workers such as Social Worker, Health Visitor and Public Services workers. The course will enable you to learn how to care for, look after and support people in need. It will help develop your leadership, counselling and advising skills which can be transferred across all subjects.

What skills will I need to succeed in this subject?

Students will need the drive to do well and succeed as this is a new subject which is introduced at Year 10. They need to be able to use their imagination and creativity to complete a variety of different tasks. Pupils need to have a high level of maturity as some topics covered can be personal and sensitive. Pupils need to be able to work in a group as well as individually.

Course Assessment

60% coursework and 40% exam

Where could this subject take me in the future?

There are many different Health and Social Care careers and jobs which this course can help you gain knowledge and experience for. It can open a wide range of avenues in terms of Career prospects. This course can take you onto a Level three course at college or sixth form, including Child Care and Social Work.

Who can I talk to for more information? - Mr Lindley